Resources for Siblings of People with Disabilities

Sibling Leadership Network: [www.siblingleadership.org](http://www.siblingleadership.org)
The Sibling Leadership Network (SLN) provides siblings of individuals with disabilities the information, support, and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families. Find a sibling chapter in your state.

Sibling Support Project: [www.siblingsupport.org](http://www.siblingsupport.org)
The Sibling Support Project is a national effort dedicated to the lifelong concerns of brothers and sisters of people who have special health, developmental, or mental health concerns.

Connect with Siblings Online: There are a number of online, interactive closed communities for siblings at different ages to connect with each other for information and peer support. Hosted by The Sibling Support Project, these groups serve as a front-line resource for sibs, by sibs! Siblings can look on Facebook to request to be added to a group.

- **SibTeen**—for sibs who are teenagers [https://www.facebook.com/groups/SibTeen/](https://www.facebook.com/groups/SibTeen/)
- **Sib20**—for siblings in their 20s [https://www.facebook.com/groups/Sib20/](https://www.facebook.com/groups/Sib20/)
- **SibNet**—for adult siblings [https://www.facebook.com/groups/SibNet/](https://www.facebook.com/groups/SibNet/)

Sibshops are pedal-to-the-metal events where school-age brothers and sisters meet other sibs (usually for the first time), have fun, laugh, talk about the good and not-so-good parts of having a sib with special needs, play some great games, learn something about the services their brothers and sister receive, and have some more fun. To find a Sibshop near you, visit: [www.siblingsupport.org/about-sibshops/find-a-sibshop-near-you](http://www.siblingsupport.org/about-sibshops/find-a-sibshop-near-you)

Books for siblings of all ages:
There are lots of great books for siblings of all ages—check out the Sibling Support Project’s Amazon Astore: [http://astore.amazon.com/thesibsuppro-20](http://astore.amazon.com/thesibsuppro-20). Here are a few good books for siblings:

- *Views from our Shoes*—Growing up with a Brother or Sister with Special Needs
- *The Sibling Slam Book*—What it Really Like to Have a Brother or Sister with Special Needs
- *Thicker than Water*—Images by Adult Siblings of People with Disabilities
- *The Sibling Survival Guide*—Indispensable Information for Brothers and Sisters of Adults with Disabilities

This resource was developed by the Sibling Leadership Network: [www.siblingleadership.org](http://www.siblingleadership.org)